



Making Sense of Fragmented Lives Through Life Story Work

Richard Rose (MBA, BPhil, PQCCA, PGSWE, CQSW) is the Director of Therapeutic Life Story Work International and UK based. Richard undertakes consultancy and training on Life Story Therapy and working with 'hard to reach' children and adolescents and has developed academic training programmes in the UK and internationally. He is an Adjunct Associate Professor of Social Work and Social Policy at La Trobe University, Melbourne, Australia and is also a fellow at the Berry Street Childhood Institute, a part of Berry Street, Australia. Richard works with children and their carers in out of home care and family placements to assist understanding and attachment with the aim of enabling placements to become healthy and nurturing for all involved.

Richard Rose Director

Richard Rose (MBA, BPhil, PGSWE, PQCCA, CQSW) is an author as well as an adjunct Associate Professor at La Trobe University in Melbourne, Australia.

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Learning Outcomes

- ✔ Gathering and collating information
- ✔ The importance of identity and meaning
- ✔ Listening and interpretive skills
- ✔ The significance of 'magical thinking'
- ✔ Working with the 'stuck' child
- ✔ Techniques for producing the Life Story book

Training Objectives

An in-depth understanding of the Life Story process and how this work helps children to make sense of their past so that what has happened to them does not dominate, control, or inhibit the present.

Based on Richard Rose's book, 'Life Story Therapy with Traumatized Children - A Model for Practice', attendees will be shown at least 15 techniques which have been successfully utilised to assist children in communicating their trauma.

