



# THERAPEUTIC LIFE STORY WORK

Advanced Certificate 2023

## WHAT IS THERAPEUTIC LIFE STORY WORK?

Therapeutic Life Story Work (TLSW) enables children and young people who have experienced trauma of child abuse and neglect, and who are struggling with the pain of their past, to reflect, develop compassion for themselves and move on. It is a defined approach, designed to introduce the past as markers for the present. Once these are understood, the child is supported in considering how to move on to make significant changes, as a result of a far deeper understanding and awareness of how their history has been negatively impacting on their present.

## THE BENEFITS OF COMPLETING THIS COURSE:

In this six-day intensive series, you will gain an in-depth understanding of Therapeutic Life Story Work practice and its incredible healing potential for children or adults who have experienced trauma or hardships that impact their ability to grasp a cohesive life narrative

The Advanced Certificate will allow delegates to practice Therapeutic Life Story Work and will provide them with the 'tools' to complete the work with a child or young person.

## KEY LEARNING:

- Understand the value and components of TLSW
- Understand the various models of information collation
- Communicate with children and understand their emotions
- Interpret and make best use of opportunities in the process
- Improve skills in working with children in terms of life narratives
- Address sensitive and painful issues and turn these into acceptance
- Address trauma and loss with empathic understanding
- Create life story books which are useful, valuable and represent the child

## WHO SHOULD ATTEND?

TLSW will benefit those working with traumatised children and young people, including those working in child protection, youth justice, family support, counselling, therapy, education, early years, social work and psychology.

You must have at least two years of experience in working with children, young people and/or adults and will be required to complete a short application form confirming your reasons for wanting to attend and complete the course.

## DURATION, DATES AND FEE:

The Advanced Certificate is taught over 6 full days and is divided into two blocks of three days. The training will be delivered online via Zoom and each teaching day will be from 10am to 4.30pm.

Dates: 30, 31 January & 1 February and 6, 7, 8 February 2023

Attending this course will entitle you to a full year's student subscription as a member of TLSWi with access to course resources, support and information, and the opportunity to meet and share learning with fellow students and former alumni from across the globe.