



# Attachment Trauma & Recovery Course

Richard Rose (MBA, BPhil, PQCCA, PGSWE, CQSW) is the Director of Therapeutic Life Story Work International and UK based. Richard undertakes consultancy and training on Life Story Therapy and working with 'hard to reach' children and adolescents and has developed academic training programmes in the UK and internationally. He is an Adjunct Associate Professor of Social Work and Social Policy at La Trobe University, Melbourne, Australia and is also a fellow at the Berry Street Childhood Institute, a part of Berry Street, Australia. Richard works with children and their carers in out of home care and family placements to assist understanding and attachment with the aim of enabling placements to become healthy and nurturing for all involved.

## Richard Rose Director

Richard Rose (MBA, BPhil, PGSWE, PQCCA, CQSW) is an author as well as an adjunct Associate Professor at La Trobe University in Melbourne, Australia.

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## Training Objectives

- ✔ Awareness of attachment theory
- ✔ Skills for assessment of attachment styles
- ✔ Introduction to attachment intervention Models
- ✔ Understanding trauma theory
- ✔ Assessing the impact of trauma
- ✔ Introduction to trauma informed practice
- ✔ Definition of recovery
- ✔ Creating planning and assessment tools
- ✔ Recording writing and presenting

The course provides an opportunity to consider attachment theory; application and intervention; trauma theory; impact and assessment; and recovery planning and assessment.

This one-day course is designed with the specific aim of informing, engaging and delivering attachment-based intervention within casework for child and family social workers, residential care professionals and family placement professionals.

Drawing on child development and attachment theory the course will use a detailed case study, and guide attendees through a clear and useable framework to enhance skills and confidence in this key area of social work and practice.

