



Intervention	Application/Target Audience	Key Points	No. of Wallpaper rolls Guide (10m)	Book No. of Pages	Duration Guide	Number of Sessions Guide	Deliverables
All About Me	Universal – for all children.	REGULATE Snapshot of a child's journey. 1 generation covered. Always completed as a standalone intervention or as a baseline for More about Me and/or TLSW.	0	20	3 months	6	Template Book Report – including session plans from session 4 onwards, referral, assessments (beginning and end) and conclusion
More About Me	Targeted – for a specific behaviour/concern.	RELATE More directive. Focus on one area of challenge/behaviour. Continuation from All About Me. 1 generation covered. Ending is one session (final session) covering catch all and goodbye	2	40	5-6 months	10-12	Wallpaper Book Report – including session plans from session 4 onwards, referral, assessments (beginning and end) and conclusion
TLSW	Comprehensive intervention.	REASON AND REFLECT Very directive. Continuation from All About Me. A detailed narrative of the child's journey. 3 generations covered when known. Ending is a catch all session followed by celebration final session (two sessions)	4 -6	100	9 months	18	Wallpaper Book Report – including session plans from session 4 onwards, referral, assessments (beginning and end) and conclusion